

Secondhand smoke is  
**dangerous.**



**THERE IS NO  
RISK-FREE LEVEL  
OF SECONDHAND  
SMOKE EXPOSURE.  
EVEN OUTDOORS,  
BRIEF EXPOSURE  
CAN BE HARMFUL  
TO HEALTH.**

- Secondhand smoke contains nearly 70 cancer-causing chemicals, and causes stroke, lung cancer and coronary heart disease in adults.

- Breathing secondhand smoke can affect your blood, blood vessels and increase your risk of having a heart attack.

- Secondhand smoke causes lung cancer in adults who have never smoked. -Nonsmokers who are exposed to secondhand smoke are inhaling many of the same cancer-causing substances and poisons as smokers.

- Secondhand smoke causes health problems in infants and children, including more frequent and severe asthma attacks, respiratory infections, ear infections, and sudden infant death syndrome (SIDS).

- Outdoor dining areas aren't protected by the Florida Clean Indoor Air Act.

- Smokefree policies help protect against secondhand smoke exposure, and promote clean and healthy air that all Floridians deserve.



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